

Patrick D'Silva received his PhD from UNC Chapel Hill in 2018. His research focuses on the exchange of esoteric breathing practices within South Asia during and after the Mughal period, with an emphasis on the Persian translations of Shaivite Tantra that eventually are incorporated within several Muslim mystical traditions. His publications include: *Breathtaking Insights: Indian and Sufi Breath Practices from Kamarupanchashika to Hazrat Inayat Khan* (co-authored with Carl Ernst); "Islam, Yoga, and Meditation" in *Routledge Companion to Yoga and Meditation Studies*; and "Bodies in Translation: Esoteric Conceptions of the Muslim Body in Early-modern South Asia" in *Subtle Bodies, Spatial Bodies: Transformational Embodiment in Asian Religions*. He teaches courses on religion, philosophy, and mythology at University of Colorado at Colorado Springs.